

You Are How You Move: Experiential Chi Kung By Ged Sumner

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Ged Sumner is a practicing craniosacral therapist, and teaches craniosacral therapy and chi kung. You Are How You Move: Experiential Chi Kung Ged Sumner.

Ged sumner (author of cranial intelligence)

Ged Sumner is the author of Cranial Intelligence (5.00 avg rating, 4 ratings, 0 reviews, published 2010), Body Intelligence Meditation

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Ged Sumner is a practising craniosacral therapist and Chi Kung teacher. He has also studied shiatsu, healing and attachment based psychoanalytical psychotherapy. He

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